

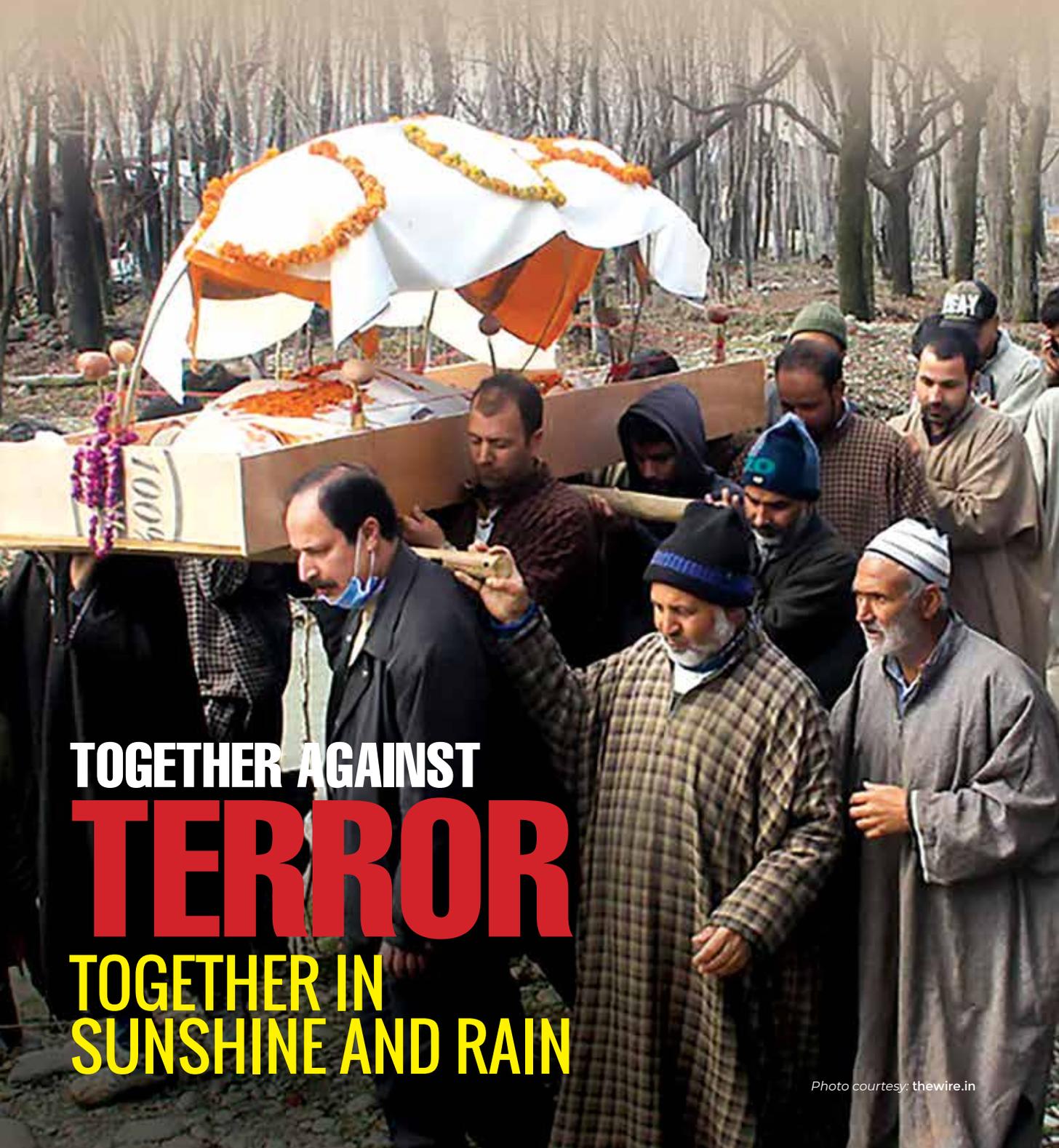
NEED FOR HIGHER HUMAN, TECHNICAL SURVEILLANCE

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KASHMIR CENTRAL

A KZINE INITIATIVE



**TOGETHER AGAINST
TERROR
TOGETHER IN
SUNSHINE AND RAIN**

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VOLUME 2 | EDITION 17
24 APRIL 2022

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Sahab Meeting Main Hai

There are many factors at play for the pathetic work culture in government offices in Jammu and Kashmir. It is nearly impossible to meet any of these exalted government servants. On top of the list is the excuse, *Sahab meeting main hai*.

From Tehsildar to the top bureaucrat, *Sahab meeting mai hai* is the most convenient and oft-repeated response from their offices. The culture of meetings has hit work culture badly in government offices. Those who don't belong to the sufurshi class suffer the most.

Sahab meeting main hai. One part of it is true. The factual part is that officers at senior level convene meetings of their subordinates on almost daily basis. The subordinate officers leave the station on the pretext of the meeting and do not reappear in their offices for the day.

There's more. The officer may be chatting with his wife, girlfriend or be engaged with his social network, sitting in his office chamber. The peon standing outside keeps telling visitors - *Sahab meeting main hai*. Visitors return exhausted and disappointed after spending the whole day outside *sahab's office*.

Now the same officer gives you his comment on the overall scenario in Kashmir. "*Alienation badh rahe hai*," he says, shaking his head. He never introspects who is responsible for this alienation. Who is alienating the people? Who is failing to address their concerns? Who is pushing them to the black hole of despair and hopelessness?

There is no realization in the babudom of the repercussions of the bureaucratic apathy and red-tapism. Kashmiris acutely feel the pinch of lack of delivery of services by the system. They feel that the system does not care for their grievances and needs.

Over decades, this collective feeling of hurt has pushed a section of Kashmiri youth into deviant action and violence against the state. All those who know Kashmir are aware of these truths. Yet the babudom does not change. *Sahab meeting may hi hain, and Sahab does not care*.

The Raj Bhavan needs to intervene to ensure adherence to work culture in Jammu and Kashmir. The bureaucrats at senior level should be directed to evolve a mechanism so that subordinates are not constantly engaged in meetings. The bottom line is that the Administration must be to provide an efficient and friendly administration to the people in Jammu and Kashmir.

Bashir Assad

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TOGETHER AGAINST TERROR

TOGETHER IN SUNSHINE AND RAIN

by Bisma Nazir



Photo courtesy: thewire.in

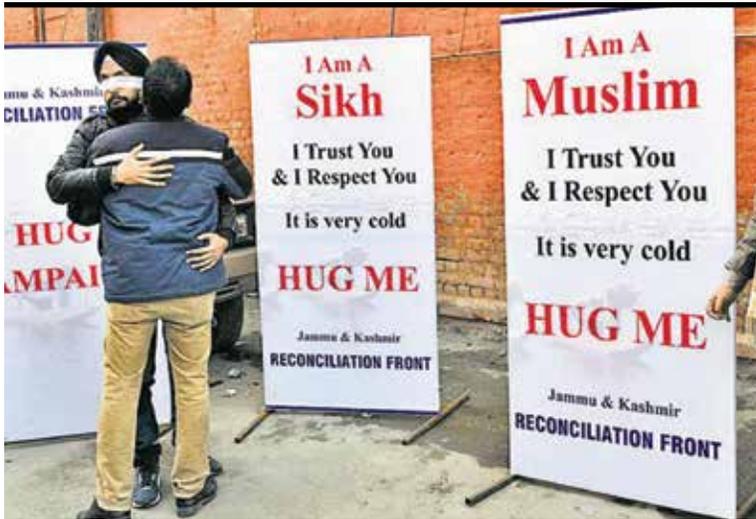


Photo courtesy: thewire.in

The most significant takeaway from the recent terror attacks on Kashmiri Pandits and the pain felt by their neighbors from the majority Muslim community over such cowardly terror attacks is that the trust and faith both communities have in each other continues to shine bright

Amid targeted killing of members of the minority community by the militants, the two communities in Kashmir continue to be tied by a deep bond which cannot be destroyed by these dastardly acts of terrorism. The most significant takeaway from the recent terror attacks on Kashmiri Pandits and the pain felt by their neighbors from the majority Muslim community over such cowardly terror attacks is that the trust and faith both communities have in each other continues to shine bright.

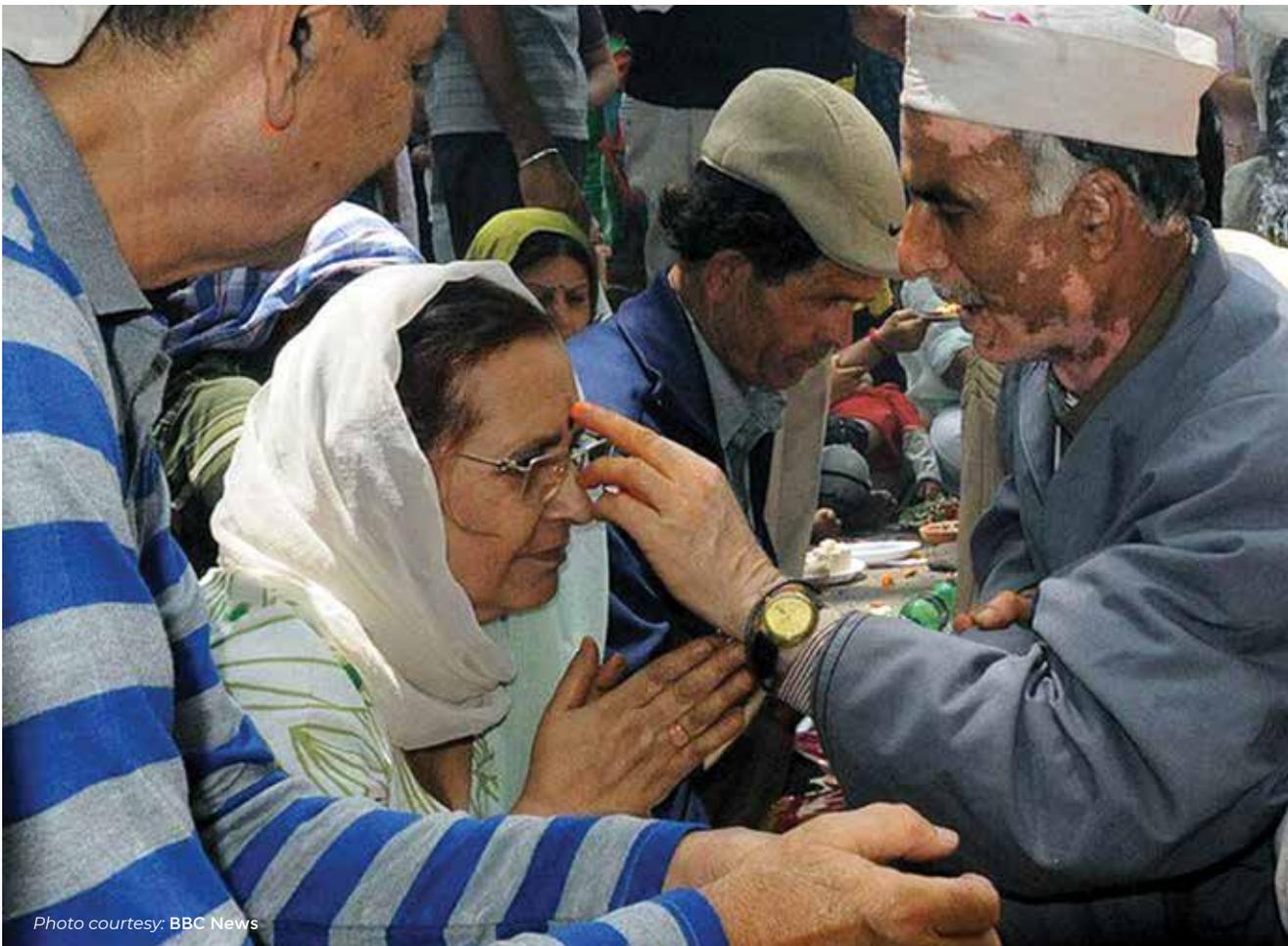


Photo courtesy: BBC News

Some Kashmiri Pandits stayed on in 1990, deciding not to leave their home and hearth when terrorists forced the entire community to leave. In interactions with KASHMIR CENTRAL over the last few

days, many Pandits said they believe that the majority community in no way accords approval to the terror attacks against them. They feel that unarmed civilians are helpless, regardless of their religion or

them responsible for the exodus in 1990.

Unfortunately, growing animosity among some sections of Kashmiri Muslims and also Kashmiri Pandits is being vented out on social media. This is taking a heavy toll on the Pandits who didn't migrate despite all odds.



Photo courtesy: DailyO

STRONG BONDING OF MUTUAL BROTHERHOOD AND HARMONY

Kashmir Central interviewed scores of people belonging to the minority Kashmiri Pandit community in the immediate neighborhood of those who fell to the bullets of terrorists in the recent past.

The KASHMIR CENTRAL team visited hamlets in Pulwama, Srinagar and Budgam districts where people from both communities live together. The team also visited some villages in the terrorist-infested area of Tral in Pulwama district and interviewed scores of people from the Sikh Community.

It merits mention here that at least three people from the Sikh Community fell to the bullets of terrorists in the recent past. KASHMIR CENTRAL also interviewed Kashmiri Muslims who live in the immediate neighborhood of the members of Kashmiri Pandit and Kashmiri Sikh communities.

Those who agreed to speak expressed their anguish and pain over the killings by the



community since terrorists don't seek approval. They only kill.

The Pandits attribute the increasing attacks on their community to many factors. Some very vocally suggest that the narrative of "demographic change" pushed by terror apologists post the abrogation of Article 370 is the reason behind such attacks.

According to this section, there are concerted efforts by those who drive the anti-India narrative in Kashmir to create fears in the minds of people against New Delhi. Terrorists draw strength from such discourse to kill the members of the minority community. There is also anger against those among the exiled Kashmir Pandits who preach and propagate hatred against the Kashmiri Muslims and hold



Photo courtesy: thewire.in

terrorists in Kashmir. They said that there are attempts to create hatred between the communities. They were steadfast in stating that there is a strong bonding of mutual brotherhood and harmony among all Kashmiris, which cannot be shaken by such incidents.

KASHMIR CENTRAL interviewed many people belonging to the Pandit community in Trisal, Monghama, Tahab, Vahibugh, Rohama, Chakoora and Tomlehal villages in Pulwama district. There are deserted houses and ruined structures, which give a ghostly look. They remind us of the terrible

Many Pandits say the majority community is deeply pained by the terror attacks against them. They feel that unarmed civilians are helpless, regardless of their religion or community since terrorists don't seek approval. They only kill

events of the exodus when the Kashmiri pandits were forced to flee from their home and hearth. Right in the middle of these deserted houses are some renovated and maintained structures. These are the houses owned by those Kashmiri Pandits who chose to stay back against all odds.

In the aftermath of the recent killings, Pulwama Police deployed a heavy contingent of cops to guard the villages where there is Pandit population. The cops keep a close vigil on those passing through these places. The Kashmir Central team was allowed to go into these villages only after proper frisking and checking of identity cards.

'WE HAVE CO-EXISTED FOR CENTURIES'

At Tomlehal village, some Kashmiri Pandits said that they are not happy with the deployment of police guards. They said that their intention is not to create hurdles for the police, but police deployment creates physical and psychological barriers. "We live happily with our neighbors from the Muslim community. They are the ones who stand by us through thick and thin. We have co-existed with them for centuries, and we need them more than anything else," said an elderly Kashmiri Pandit who did not wish not to be named. "Our bond is rock solid. We don't differentiate between ourselves. We are one," he said.

At Chakoora, the KASHMIR CENTRAL team found Pandits and Muslims busy discussing the record rise in temperature during April, which otherwise pleasant in Kashmir. They said that the bonhomie between the two communities has no parallels. "We are emotionally attached to each other. We don't differentiate between ourselves," they echoed in one voice. "We live happily with each other. There is only love and affection, and that is our religion," said members of both communities.

A Pandit whom the KASHMIR CENTRAL team met in Rohama village said that the centuries-old Kashmiri ethos continues, and people from two communities share same the bonding.



Members of all communities in Kashmir say that their bonhomie has no parallels. "We all are emotionally attached. We don't differentiate between ourselves. There is only love and affection, and that is our religion," echo members of all communities

'OUR BOND HAS REMAINED UNSHAKEN DESPITE ALL ODDS'

In Srinagar, the KASHMIR CENTRAL team visited Solina area of Srinagar city, where Kashmiri Sikhs live in large numbers. A teacher from this area was killed mercilessly on October 7 last year at Eidgah Srinagar, along with another teacher of the minority community.

Gursimran Kaur, an engineering graduate from this area told KASHMIR CENTRAL about the bonhomie between Sikhs and Muslims in the area. "First of all there is a bond between Sikhs and Muslims which remains unshaken despite highly unpleasant events over the last 33 years. There were massacres perpetrated by unidentified terrorists. In some cases the security forces were blamed for killing the Sikhs. But our faith and bond remains unshaken.

Referring to the killing of Supinder Kour, a teacher at Government Higher Secondary School, Eidgah in Srinagar on October 7, Gursimran said that the incident was horrifying, but the response of the Muslims in their neighborhood was highly noble and soul-touching. "Our neighbours were as much in grief as the family of Supinder Kour. Post Supinder Kour' killing, the amity and brotherhood between the two communities has strengthened even more. There is a resolve from both sides to persevere and protect each other in harmony.

'HUM KHOFZADA HAIN AUR YE DARD MAIN'

In becharoon ka koi kasoor nahi. Terrorist in se pooch kar thode he aate hain. Chot humain lagti hai, dard unko hote hai

"*In becharoon ka koi kasoor nahi. Terrorist in se pooch kar thode he aate hain.* (Our hapless neighbors are innocent. Terrorists don't seek their permission when they strike). The aged but experienced Kashmiri Pandit articulated the recent events very beautifully. "*Hum khofzada hain aur ye dard main* (We live in fear and they in pain because of how we are targeted). *Chot humain lagti hai, dard unko hote hai* (Whenever we are hurt they feel the pain)," the 67-year-old Pandit said.

The recent targeted killings have left the Pandits feeling deeply scared. A young Pandit girl said that she and her family members have no complaint against their Muslim neighbors, and that they are deeply caring. "They stand by us and share our grief and happiness. Still fear grips our village more than ever before. What keeps us going is the tenderness and innocence with which our neighbors treat us. I am telling you that they are as helpless as we are under the given situation."



Terror Attack In Sunjwan

RED ALERT!

The attack on the CISF bus at Sunjwan in Jammu and the subsequent encounter in which both the fidayeen terrorists were killed has telling ramifications. The terrorists, believed to be affiliated with Lashkar-e-Taiba, were equipped with heavy weaponry including three AK-47 assault rifles and other explosives.

Even after the active encounter was over, security forces continued the operation because explosives and hand grenades still on the encounter site. According to eye-witnesses, intermittent blasts of explosives continued at the encounter site for hours, keeping the security forces on their toes.

Police have said that the terrorists seem to have been Pakistani nationals who had crossed over from Pakistan-Occupied Kashmir (POK). Significantly, the attack took place just two days ahead of Prime Minister Narendra Modi's visit to Jammu and Kashmir.

Since the announcement of the Prime Minister's visit to Jammu and Kashmir in March end, security and intelligence agencies sounded an alert and

were working day and night to avoid any untoward incident. The precedence has been that terrorists attempt to strike big at the time of high-profile visits to J&K.

Repeatedly over the last 30 years, on such occasions terrorists have opted for either suicide attacks or strikes on soft targets like political activists or members of minority communities. Not surprisingly, the security and intelligence agencies were more focused on Kashmir valley. It was not expected that terrorists would strike in Jammu to send across a message.

According to ADGP Jammu Mr Mukesh Kumar, Lashkar-e-Taiba terrorists were planning a Fidayeen attack on the military installation at Sunjwan. This is the second terror attack on the Sunjwan army barracks. The first such attack happened at the Sunjwan army camp on February 10, 2018.

Over the last two years, infiltration attempts have taken place mostly in Samba and RS Pora sectors in Jammu region. In 2021, more than 20 terrorists infiltrated from these sectors. Almost 15 to 16 of them reached Kashmir valley with heavy weapons. According to a senior

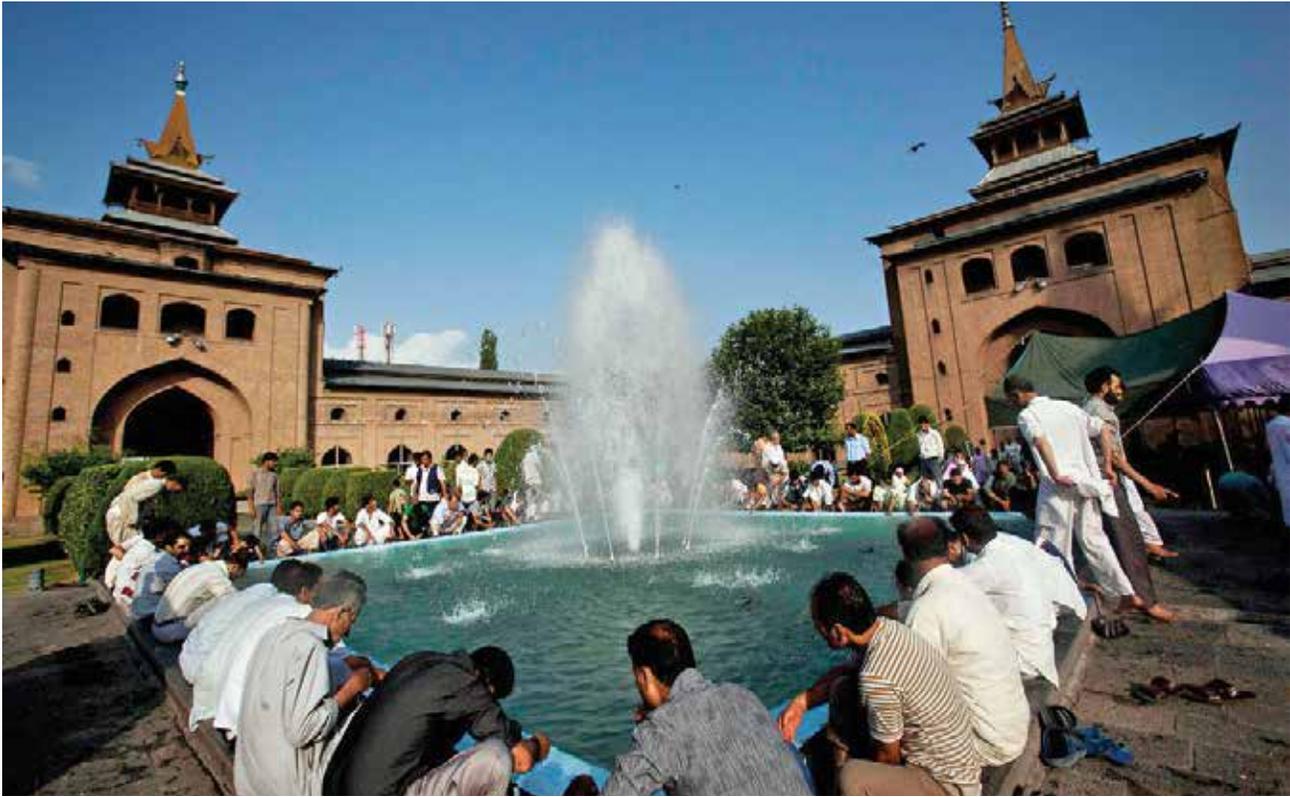
police officer, at one time a group of eight Pakistani terrorists reached Srinagar as a group.

The police officer told KASHMIR CENTRAL that on reaching Srinagar, the group split into two sub-groups. Four of them moved towards Khrew area in the outskirts of Srinagar. Another sub-group went towards Baramulla and Bandipora.

Terrorists have the prime advantage of mounting a surprise attack. Taking into account the frequent infiltration bids by terrorists from Samba and RS Pora sectors, security and intelligence agencies need to be more vigilant. Luck was on the side of the police and security forces that the terrorists attacked the CISF bus prematurely, which subsequently culminated into an encounter. Both terrorists got killed and a major tragedy was averted.

KASHMIR CENTRAL has reported earlier that the summer of 2022 may be hot in Kashmir, given Pakistan's plan to deepen terror in Kashmir. The security forces and intelligence agencies need to evolve a pre-emptive mechanism and strengthen human and technical surveillance to minimize losses.

FRAMES OF DEVOTION





Drug abuse among women is often ignored and stigmatized. This is the reason they are not able to access treatment in time, writes Sheikh Sameer

Her Dark, Hazy World

14
KASHMIR CENTRAL | 24 APRIL 2022

The stories of drug addiction are usually associated with men. But there are other stories too of drug addiction, which always remain in wraps. These pertain to drug abuse by women. These are equally alarming, and need to be addressed urgently. Data on the number of women addicts is not available – or on the number of de-addiction centers for women. There are multiple reasons for this. While families experience shame in reporting drug abuse by men, the degree of shame is far higher if a woman is involved in it. Hence people are hesitant to seek treatment if a female family member is involved in drug abuse. Second, families are also less likely to invest money in a woman in order to wean her away from drugs. Both these inhibiting actors are due to the lower position of women users in the drug milieu.

While the number of women drug abusers is less as compared to men, they suffer worse consequences both on the social front, and also in terms of health.

According to a report published by United Nation Drug Control Program (UNDCP), there are around 70,000 drug addicts in the Kashmir division, among whom approximately 31 percent are women. The number is not as big as men's, but it is increasing at a slow pace over the last few years.



DRUG ABUSE IMPACTS WOMEN MORE SEVERELY

Kashmiri women, like women of other societies, are in a stage of transmutation. Changing lifestyles, changing roles and increased stress bring with them newer problems. Along with these new challenges has come the problem of drug abuse. Women have not been left untouched by the narco terrorism pushed by Pakistan. The deeper tragedy is that drug abuse is far more ravaging for a woman's body than for a man's body.

The impact of substance abuse on women is more severe than on men. For example, they may have stronger and more frequent drug cravings. They may be more likely to relapse after treatment. Their relationships may suffer more. Women drug abusers may find



While families experience shame in reporting drug abuse by men, the degree of shame is far higher if a woman is involved in it. Hence people are hesitant to seek treatment if a female family member is involved in drug abuse

that they have far less support of family members than the men. They may have fewer financial sources which shall deplete soon, and higher health costs.

Women drug abusers are also more prone to liver and heart disease, hypertension, brain damage and more damaging psychiatric consequences than men. They are at risk of complications during pregnancy and childbirth.

WHY WOMEN FALL PREY TO DRUGS

The reasons for falling prey to drug abuse are varied. While a higher number of men may take to drug abuse out of curiosity, this incidence is lower among women.

In most cases, the trigger may be psychiatric, like depression. The men in a woman's life may influence her to take this step. It may be the husband, the boyfriend or her male companion. It is usually observed that the woman may start with light drugs, then move to heroin and intravenous drugs. Such drug abuse is highly dangerous and at times fatal.

A doctor at the Drug Rehabilitation Center told KASHMIR CENTRAL, "We have seen cases where the doctor had recommended some painkillers for some time like two to three weeks. But after that period, the medicine is misused. The person continues to take that medicine beyond the period of prescription

It has been observed that often, women drug abusers do not get treatment at the right time. There is no point in shaming the girl and her family. A disease or an addiction needs treatment. The problem must be addressed as such

and becomes addicted. In Kashmir, men and women take similar drugs. Heroin and cannabis is the most common drug used here."

WOMEN DRUG ABUSE PATIENTS AT SMHS HOSPITAL, SRINAGAR

The Department of Psychiatry, Government Medical College Srinagar on the premises of SMHS hospital has a drug de-addiction center. Both male and female patients seek treatment here. "Weekly, about four to five women drug abusers visit us in the OPD. They are mostly from North Kashmir or Srinagar. Women who have been active drug users or one to two years come to us for treatment. Most of them are in their late teens and early 20s. Chronic drug abuse takes longer to treat. But there are higher chances of fast recovery if the patient gets strong family and social support," said a senior doctor from SMHS who has been treating such patients for several years. "In cannabis and heroin, there are higher chances that the patient will relapse after the treatment," he added.



NEXUS OF DRUG PEDDLERS AND REHABILITATION CENTERS



Shocking but true, that drug addicts are able to source the intoxicants even in the rehabilitation centers. This completely changes the meaning and motive of the center, and defeats the family which is seeking treatment for their member.

Shareefa (name changed to protect privacy), an elite woman from Bemina visited him and narrated her daughter's story with grief. She told the officer that her daughter's husband was a drug abuser. The man cajoled his wife to join him in drug abuse. The young woman started using drugs with him and is now a habitual user. She is now facing problems in conceiving a baby. She is also suffering from Hepatitis C because she used an infected syringe to infuse drugs.

Shareefa cried that her daughter is not been able to do anything. She is completely dependent on drugs for her survival and gets severe withdrawal symptoms if she does not get the drugs. Shareefa requested the officer to get her daughter admitted in the rehabilitation at Kupwara and not in Srinagar. She told the officer that drug abusers easily get drugs in the rehabilitation centers, and her daughter too would be able to procure it. The woman cried that the rehabilitation centers have a nexus with the drug peddlers, and hence the drugs are supplied on demand.

The study of drug abuse among women has also revealed that a married woman gets less support from her spouse in case she falls prey to drug abuse. An unmarried woman is more likely to get support from her family in such a scenario.

DEEPER SOCIAL STIGMA FOR WOMEN

Not all women drug abusers seek medical assistance, due to diverse reasons. Those who seek help include the ones who are caught by their family members in drug abuse, or have become chronic drug users. In such cases, they are taken by their family members for treatment and have no option left.

The other important reason is the social stigma related to women when it comes to going to the drug rehabilitation center, especially in Srinagar.

The society harshly judges women who are admitted to Rehabilitation Centers for treatment. These attitudes stigmatize women, and prevent them from seeking help.

Kashmiri society is not that open-minded yet that someone can say that my daughter, sister, mother, or daughter-in-law

The society harshly judges women who are admitted to Rehabilitation Centers for treatment. These attitudes stigmatize women, and prevent them from seeking help

is in the drug rehabilitation center for treatment. What aggravates the situation further is that Kashmiris are a close-

WOMEN DRUG PEDDLERS

A doctor of SMHS told KASHMIR CENTRAL that drugs are easily available everywhere in Kashmir. “You are one click away from drugs. The situation is so bad that people even MPay through the app and get drugs delivered to them,” he said.

According to sources, there are many women drug peddlers in Kashmir because they earn a huge profit from this trade. The women benefit from the fact that they are not suspected by the police or by the locals.

Sources reveal that most of these women drug peddlers are from Kupwara, Sopore and Baramulla in North Kashmir, and from the newly developed areas of Srinagar.

Recently a popular brand of cough syrup was recovered from a man in bulk quantity. Upon investigation, a police team raided the main supplier in Batamaloo, Srinagar. The women of the house came out, attacked the SHO and created a scene.

This reveals that the women knew about the involvement of their family members in this crime. The family was engaged in this trade with the tacit approval of the women. This indeed is a matter of concern, that in order to make money, the lives of the sons and daughters of fellow Kashmiris should be put at stake.

In the last three years, there has been a several-fold increase in drug use in Kashmir. The police must strictly check the availability of drugs in order to end this cruel epidemic which claims young, blossoming lives.

knit community. The news of a woman seeking treatment at a drug rehabilitation centre cannot remain hidden for long. The result is that not only the woman, but the whole family

gets stigmatized by such a development.

Due to these factors, women drug abusers do not get treatment at the right time. We must not judge those harshly

who get trapped in drug abuse. There is no point in shaming the girl and her family. A disease or an addiction needs treatment. The problem must be addressed as such.

**Srinagar Woman Manufactures And Sells Sanitary Napkins,
Wants to Boost Awareness On Menstrual Health**

by **Mareaya Fayaz**

Rabiya Kawoosa Treads a new path

Blazes
A New Trail



▲
A Srinagar woman's aspiration to be an entrepreneur has made her choose an unusual line of business. Rabiya Kawoosa, who hails from Soura in Srinagar district, is the founder of Sisters Choice Sanitary Pads. Rabiya runs the online business of the delivery of sanitary napkins.

Rabiya studied from Islamia College in Hawal, Srinagar. She is also engaged with a private job. Rabiya is the Center Incharge at Harmukh Khadi at Ellahibagh in Buchpora, Srinagar, and affiliated with the Jammu and Kashmir Khadi Village and Industries Board.

Rabiya's father Mohd Ashraf Khan drives an autorickshaw. Rabiya says that her father has worked hard for years to ensure that his children get a good education. Courtesy his untiring and consistent efforts, she and her three siblings are all well-educated.

Since her childhood, Rabiya wanted to be an entrepreneur. She also wanted to be engaged with something that would help people. In 2018, she started her small business venture delivering sanitary napkins. Rabiya admits that working alone isn't easy. "Every entrepreneur has to deal with a unique set of circumstances and factors that are specific to their business. But when everything around seems dark and discouraging and the going

gets tough, the tough get going," says the brave woman.

Studies of successful entrepreneurs the world over have revealed that one does not create the perfect business in the first attempt. It takes many years of hit and trial for an entrepreneur to find the business that becomes a success story. But through it all, what matters most is perseverance and steadfastness.

"I know it's tough to nail down a plan, especially if you don't know what you want to do with your life. I'm the queen of changing my mind every day. I have many things in the queue like handmade chocolates, handmade soap and many more things," says the feisty Rabiya.

HOW SHE GOT THIS IDEA

▲
 Rabiya says that she got the idea of starting her own business delivering sanitary napkins following a personal experience. "Once during my menstrual cycle, I went to a nearby store for sanitary napkins. First I hesitated to ask the owner of the store about the product, and also about its quality. Then I gathered courage and asked the owner of the store. He could not answer my question. He said that all the girls are purchasing it, so hopefully it's a good product. That thing stuck in my mind. That the shopkeeper



In 2018, Rabiya started her small business venture delivering sanitary napkins. She admits that working alone isn't easy. "Every entrepreneur has to deal with a unique set of circumstances and factors that are specific to their business. But when going gets tough, the tough get going," says the brave woman

had no idea of the quality of the product he was selling, and girls were purchasing it without being aware of the quality. I realized that even though women and girls need this product regularly, they are shy to talk about the kind of product they should use. They are also shy regarding the usage



the pandemic period, she had to shift it to Delhi. Now Rabiya is again planning to revive the manufacturing in Srinagar.

Rabiya says that at their manufacturing unit, bamboo cotton is used for the sanitary napkins, since it is a superior quality material. She says that she wants to invite more and more girls and women to visit their manufacturing unit so that they are aware of what product they are using, and whether the right standards have been adopted for its manufacturing.

Now Rabiya gets orders for sanitary napkins from

of sanitary napkins. But this is not right. When a woman or a girl is paying for a product, she deserves to know the quality of the product she is using.”

Rabiya thought that other girls and women would be facing the same confusion. This made her decide that she would take up the supply of sanitary napkins of a good quality. She believed that creating awareness regarding the use of the product would also be a great step towards women empowerment.

Rabiya often visits far-flung areas of Kashmir where girls may not have access to good quality sanitary napkins. She wants to make more and more girls and women aware of the product. She asks customers for their feedback, and also asks of ways in which the product can be made better. “I want to devote myself to the welfare of the poor and the needy. I always try to make people aware on social media about good life



habits like yoga and nutritious diet so that they are able to improve their health,” says Rabiya.

SMALL MANUFACTURING PLANT

The young entrepreneur set up her own manufacturing unit at Mattan in South Kashmir. Due to the restraints during

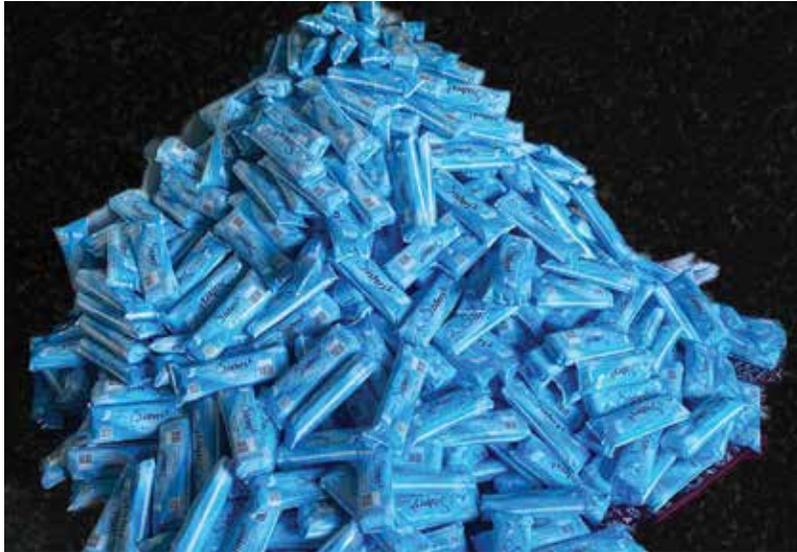


departmental stores, wholesale stores, boutiques, etc. They launched their website last year so that buyers can purchase the product online too.



It makes me sad that women do not want to try out new things and give a chance to local high-quality products. They will come to know the quality of our product only if they use it. We will continue to reach out to them. We are aware that success comes with time. ”

says Rabiya



‘I WANT MY PRODUCT TO BE MY IDENTITY’

Rabiya says that while she has committed herself to make sanitary napkins of high quality, they do not want to try new things and give a chance to local high-quality products. Rabiya says it is matter of concern that instead of giving a chance to new quality products in the market, many women want to use those products which have high marketing, irrespective of what product is made of. “They will come to know the quality of our product only if they use it.

Rabiya often visits far-flung areas of Kashmir where girls may not have access to good quality sanitary napkins. She wants to make more and more girls and women aware of the product. She asks customers for their feedback, and also asks of ways in which the product can be made better

We will continue to reach out to them. We are aware that success comes with time,” says Rabiya.

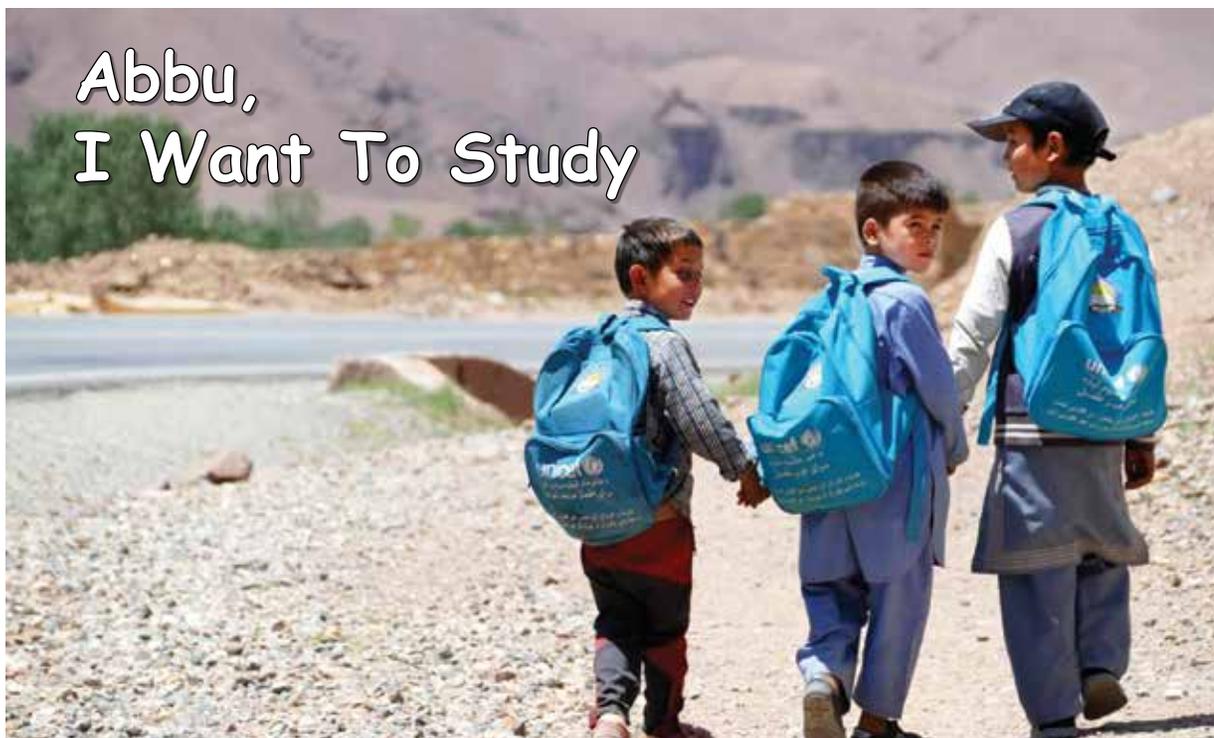
BOUQUETS AND BRICKBATS

Rabiya says that she is highly conscious of whatever she posts on social media. “I always think over my posts. I know that people are quick to troll me because I am in the business of making and selling sanitary napkins. Sometimes people comment in a very negative way, and that hurts me. Once a young man trolled me and commented, “Show me how to use the sanitary napkins on video call.” At times I get discouraged by such ugly messages. Such messages stop me from going forward. But I draw strength from the appreciation that I get. Messages like “Hello sister, appreciation to you.” These kind of messages boost my confidence and give me the power to go ahead. When I know that someone is genuinely asking me some questions, I answer them honestly. If girls and women become conscious about menstrual hygiene, I will consider that 90 per cent of my work is done,” highlights Rabiya.

Kabul Blasts Kill 6, Wound 20 At Boys' School

Education Of Afghan Children Threatened

Abbu,
I Want To Study



I Am A
Child, I
Want To
Study



**Please Don't Kill Me,
I Want To Study**

Please Let Me Play, Please Let Me Study



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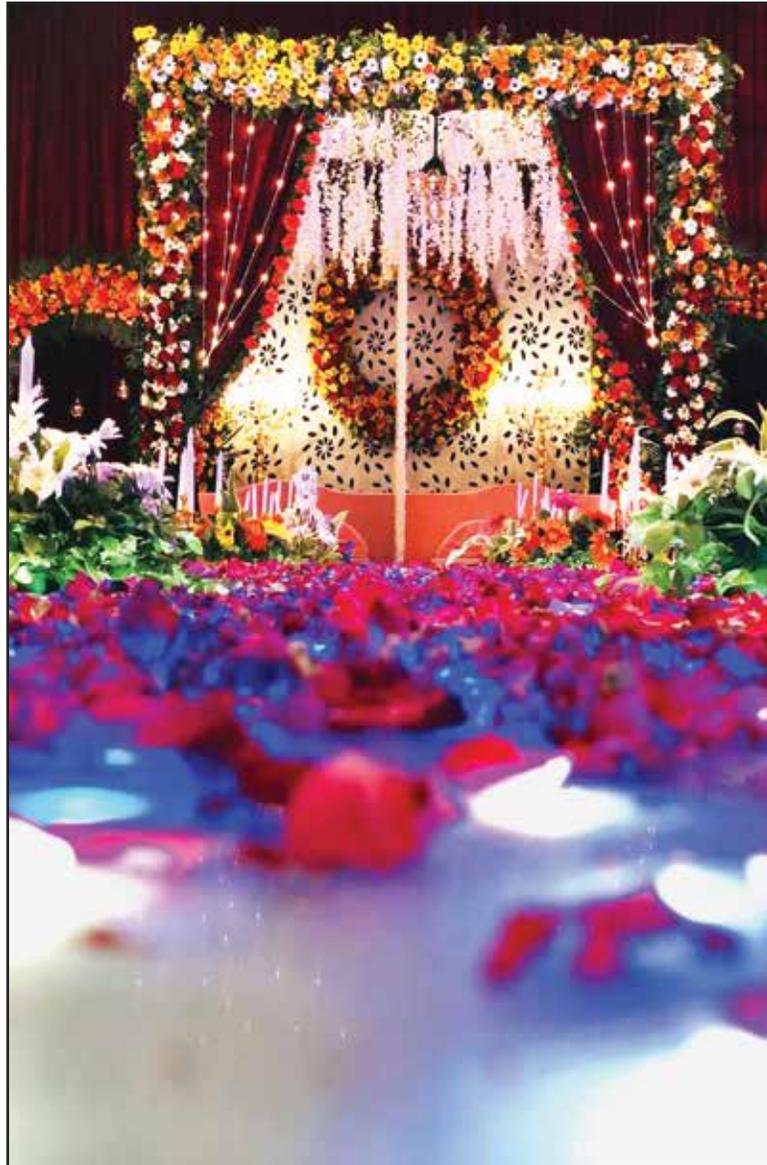


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